Anatomic Index

After Hours Telehealth Triage Guidelines | Adult | 2025

Schmitt-Thompson

Clinical Content

Anatomic Group and Title

Abdomen Symptoms

Abdomen Bloating and Swelling Abdominal Injury Abdominal Pain - Female Abdominal Pain - Male Abdominal Pain - Menstrual Cramps Abdominal Pain - Upper **Cancer - Constipation** Cancer - Diarrhea Cancer - Nausea and Vomiting Colonoscopy Symptoms and Questions Constipation Diarrhea **Diarrhea on Antibiotics** Endoscopy (Upper GI) Symptoms and Questions Feeding Tube Symptoms and Questions **GI Multiple Symptoms - Guideline Selection** Hospice - Constipation Hospice - Diarrhea Hospice - Nausea and Vomiting Nausea **Ostomy Symptoms and Questions** Pelvic Pain - Female Pinworms Post-Op Wound Drains and Tubes -Symptoms and Questions Postpartum - Abdominal Pain Postpartum - Constipation Pregnancy - Abdomen Injury Pregnancy - Abdominal Pain Greater Than 20 Weeks EGA

Pregnancy - Abdominal Pain Less Than 20 Weeks EGA

Pregnancy - Constipation

Pregnancy - Morning Sickness (Nausea and Vomiting of Pregnancy)

Pregnancy - Rectal Symptoms

Rectal Bleeding

Rectal Symptoms

Rectum - Foreign Body

Spinal Cord Injury - Constipation

Stools - Unusual Color

Swallowed Foreign Body

Tracheostomy Symptoms and Questions

Vomiting

Vomiting Blood

Worms - Other Than Pinworms

Arm and Leg Symptoms

Ankle Injury Ankle Pain Ankle Swelling Arm Injury Arm Pain Arm Swelling and Edema Cast Symptoms and Questions **Diabetes - Foot Problems and Questions** Elbow Injury Elbow Pain Elbow Swelling **Finger Injury Finger Pain Fingernail Infection** Foot Injury Foot Pain Groin Injury and Strain Hand Injury Hand Pain Hand Swelling **Hip Injury** Hip Pain Knee Injury Knee Pain Knee Swelling Leg Injury Leg Pain Leg Swelling and Edema Muscle Aches and Body Pain Postpartum - Leg Pain Postpartum - Leg Swelling and Edema Pregnancy - Leg Pain Pregnancy - Leg Swelling and Edema

Ring Stuck on Finger or Toe Shoulder Injury Shoulder Pain Splint Symptoms and Questions Toe Injury Toe Pain Toenail - Ingrown Toenail Fungal Infection - Diagnosed or Suspected Wrist Injury Wrist Pain Wrist Swelling

Bites / Stings

Animal Bite Bed Bug Bite Bee or Yellow Jacket Sting Fire Ant Sting Insect Bite Spider Bite - North America Tick Bite

Breathing or Chest Symptoms

Asthma Attack Breast Symptoms Breathing Difficulty Cancer - Breathing Difficulty Carbon Monoxide Exposure Chest Injury Chest Injury - Bending, Lifting, or Twisting Chest Pain Choking - Inhaled Foreign Body COPD Oxygen Monitoring and Hypoxia COPD Post-Hospitalization Follow-up Call Cough - Acute Non-Productive **Cough - Acute Productive** Cough - Chronic **Coughing Up Blood** COVID-19 - Diagnosed or Suspected COVID-19 - Exposure Drowning and Submersion Event Ebola Exposure E-Cigarettes and Vaping Symptoms and Questions Heart Attack Post-Hospitalization Follow-up Call Heart Failure on Treatment Follow-up Call Heart Failure Post-Hospitalization Follow-up Call Heart Rate and Heartbeat Questions Hiccups Hoarseness Hospice - Breathing Difficulty ICD and Pacemaker Symptoms and Questions Influenza (Flu) Follow-up Call Influenza (Flu) Suspected

Oxygen Monitoring and Hypoxia

Pneumonia Follow-up Call

Pneumonia on Antibiotic Post-Hospitalization Follow-up Call

Postpartum - Breast Pain and Engorgement

Postpartum - Breastfeeding Guideline Selection

Respiratory Multiple Symptoms - Guideline Selection

SARS Exposure

Smoke and Fume Inhalation

Whooping Cough Exposure

Ear Symptoms

Ear - Congestion Ear - Discharge Ear - Foreign Body Ear - Otitis Externa Follow-up Call Ear - Otitis Media Follow-up Call Ear - Swimmer's Ear Injury Ear Piercing Symptoms and Questions Earache Earwax Hearing Loss or Change Tinnitus

Eye Symptoms

Eye - Allergy Eye - Chemical In Eye - Foreign Body Eye - Pus or Discharge Eye - Redness Eye Injury Eye Pain and Other Symptoms Eyelid Swelling Eyelid Swelling Eyelid Twitch or Spasm Postpartum - Vision Loss or Change Pregnancy - Vision Loss or Change Sty Vision Loss or Change

Fever Symptoms

Cancer - Fever Fever Hospice - Fever Postpartum - Fever Pregnancy - Fever

Genital or Urinary Symptoms

Abortion - Medication Induced Follow-up Call Abortion - Spontaneous Miscarriage Followup Call Abortion - Surgical Procedure Follow-up Call Abortion - Threatened Miscarriage Follow-up Call Contraception - Birth Control Pills - Combined Contraception - Birth Control Pills - Progestin-Only Pills (POPs) Contraception - Birth Control Shot Symptoms and Questions **Contraception - Emergency** Contraception - Implant Symptoms and Questions Contraception - IUD Symptoms and Questions **Contraception - Transdermal Patch Contraception - Vaginal Ring** Genital Injury - Female Genital Injury - Male Hernia Hospice - Urinary Catheter (e.g., Foley) Symptoms and Questions Hospice - Urinary Symptoms Jock Itch Kidney Stone Follow-up Call Menopause Symptoms and Questions Menstrual Period - Missed or Late Penis and Scrotum Symptoms Postpartum - Urination Pain Postpartum - Vaginal Bleeding and Lochia Pregnancy - Decreased or Abnormal Fetal Movement Pregnancy - Fall Pregnancy - Labor

Pregnancy - Labor - Preterm Pregnancy - Rupture of Membranes Suspected Pregnancy - Urination Pain Pregnancy - Vaginal Bleeding Greater Than 20 Weeks EGA Pregnancy - Vaginal Bleeding Less Than 20 Weeks EGA Pregnancy - Vaginal Discharge Pregnancy - Vulvar Symptoms Pubic Lice Scrotum Pain Scrotum Swelling Sexual Assault or Rape Spinal Cord Injury - Urinary Catheter Symptoms and Questions STI Exposure STI Guideline Selection STI Questions Transgender Health Concerns and Questions Urinalysis Results Follow-up Call Urinary Catheter (e.g., Foley) Symptoms and Questions Urinary Symptoms Urinary Tract Infection on Antibiotic Followup Call - Female Urinary Tract Infection on Antibiotic Followup Call - Male **Urination Pain - Female** Urination Pain - Male Urine - Blood In Vaginal Bleeding - Abnormal Vaginal Bleeding - Postmenopausal Vaginal Discharge Vaginal Foreign Body Vaginal Symptoms

Vulvar Symptoms

Head or Brain Symptoms Coma Concussion (mTBI) Less Than 14 Days Ago Follow-up Call **Confusion - Delirium Dizziness - Lightheadedness** Dizziness - Vertigo Fainting Head Injury Headache Hospice - Confusion and Delirium Hospice - Seizure Meningitis Exposure Motion Sickness Muscle Jerks - Tics - Shudders Neurologic Deficit Postpartum - Headache Pregnancy - Headache Pregnancy - Seizure Seizure Spinal Cord Injury - Headache Traumatic Brain Injury More than 14 Days Ago Follow-up Call

Mental and Behavioral Health Symptoms Accidental Exposure to Recreational (Street) Drug Alcohol Use and Problems Anxiety and Panic Attack Bipolar Disorder (Manic Depression) Dementia Symptoms and Questions

Depression

Eating Disorders Symptoms and Questions Hallucinations

Hallucinogenic Mushrooms - Use and Problems

Homicidal Threats or Attempts

Hospice - Agitation

Hospice - Anxiety and Panic Attack

Hospice - Caregiver Need for Support or Respite

Hospice - Insomnia

Insomnia

Marijuana Use and Problems

Opioid Use and Problems

Postpartum - Depression

Post-Traumatic Stress Disorder (PTSD)

Schizophrenia

Smoking - Tobacco Use and Problems

Substance Use and Problems

Suicide Concerns

Miscellaneous - Other

911 Symptoms Allergic Reactions - Guideline Selection **Altitude Sickness** Anaphylaxis Avian Influenza (Bird Flu) Exposure Blood and Body Fluid Exposure Blood Pressure - High **Blood Pressure - Low** Central Venous Catheter - Port Symptoms and Questions Cold Exposure (Hypothermia) COVID-19 - Persisting Symptoms Follow-up Call COVID-19 - Vaccine Questions and Reactions Diabetes - High Blood Sugar Diabetes - Low Blood Sugar Difficult Call **Domestic Violence** Elder or Vulnerable Adult Abuse Electric Shock or Lightning Injury Face Injury Face Pain Face Swelling Falls and Falling Heat Exposure (Heat Exhaustion and Heat Stroke) Hepatitis A Exposure **HIV Exposure** Home Health - Equipment or Supply Request Hospice - Death Hospice - Death Imminent or Dying Symptoms Hospice - Equipment or Supply Request

Hospice - Falls and Falling Hospice - Medication Question or Refill Call Hospice - No Guideline Available Hospice - Pain Hospice - Weakness (Generalized) and Fatique Immunization Reactions Infection Exposure Questions Infection on Antibiotic Follow-up Call Influenza (Flu) Exposure Information Only Call - No Triage Injury - Multiple Sites - Guideline Selection IV Not Running or Running Slowly IV Site and Other Symptoms Lymph Nodes - Swollen Medication Question Call Medication Refill and Renewal Call Motor Vehicle Accident Mumps Exposure Mumps Follow-up Call No Contact or Duplicate Contact Call No Guideline Available PCP Call - No Triage Poisoning Post-Hospitalization Follow-up Call Post-Op Incision Symptoms and Questions Post-Op Symptoms and Questions Post-Op Total Hip Replacement Follow-up Call Post-Op Total Knee Replacement Follow-up Call Postpartum - C-section Incision Symptoms Postpartum - C-section Symptoms Postpartum - High Blood Pressure Pregnancy - High Blood Pressure

Pregnancy - Infection Exposure Questions Radiation Exposure and Contamination Recent Medical Visit for Illness Follow-up Call Recent Medical Visit for Injury Follow-up Call Sickle Cell Disease - Acute Pain Episode (Crisis) Tuberculosis Exposure Weakness (Generalized) and Fatigue Weight Loss - Unintended Zika Virus Exposure

Mouth / Teeth / Throat Symptoms

Cancer - Mouth Symptoms Cold Sores (Fever Blisters) Dental Procedure Antibiotic Prophylaxis Hospice - Oral Intake Decreased Hospice - Swallowing Difficulty Mononucleosis Follow-up Call Mouth Injury Mouth Pain Mouth Symptoms Mouth Ulcers Post-Op Tonsil and Adenoid Surgery Sore Throat Strep Throat Exposure Strep Throat Infection on Antibiotic Follow-up Call Strep Throat Test Follow-up Call Swallowing Difficulty Tongue Swelling **Tooth Extraction Tooth Injury** Toothache Uvula Swelling

Neck and Back Symptoms

Back Injury Back Pain Flank Pain Neck Injury Neck Pain or Stiffness Pregnancy - Back Pain Tailbone Injury

Nose Symptoms

Common Cold Nasal Allergies (Hay Fever) Nose - Foreign Body Nose Injury Nosebleed Sinus Infection on Antibiotic Follow-up Call Sinus Pain or Congestion

Skin - Localized Symptoms Acne Animal Bite on Antibiotic Follow-up Call Athlete's Foot Blister - Foot and Hand Body Piercing Symptoms and Questions Boil (Skin Abscess) Boil (Skin Abscess) on Treatment Follow-up Call Bruises Burns - Chemical Burns - Electrical Burns - Thermal Cancer - Skin Symptoms and Questions Caterpillar Sting Cellulitis on Antibiotic Follow-up Call Cracked or Dry Skin Cuts and Lacerations Frostbite Hair Loss Head Lice Hospice - Skin Breakdown and Pressure Sores Human Bite Impetigo (Infected Sore) Itching - Localized Leech Bite Lip Swelling Marine Animal Stings and Bites - North America Mosquito Bite **MRSA Exposure** Needlestick Poison Ivy - Oak - Sumac

Postpartum - Episiotomy or Vaginal Laceration Symptoms Pubic Lice Exposure **Puncture Wound** Rash - Guideline Selection Rash - Purple Spots or Dots Rash or Redness - Localized Ringworm Scabies Exposure Scorpion Sting - North America Scrapes Shingles (Zoster) Skin Foreign Body **Skin Glue Questions** Skin Injury Skin Lesion - Moles or Growths Skin Lump or Localized Swelling Skin Tear Snakebite - North America Sores Stingray Injury Super Glue Problems Suture or Staple Questions Swimmer's Itch - Lakes and Oceans Tattoo Symptoms and Questions Warts Wound - Chronic and Negative Pressure Wound Therapy Wound Infection on Antibiotic Follow-up Call Wound Infection Suspected

Skin - Widespread Symptoms Bluish Skin or Body Part (Cyanosis) Chickenpox Diagnosed or Suspected Chickenpox Exposure Hand Foot and Mouth Disease - Diagnosed or Suspected Hives Itching - Widespread Jaundice Measles - Diagnosed or Suspected Measles Exposure Mpox - Diagnosed or Suspected Mpox - Exposure Pale Skin Postpartum - Pale Skin Pregnancy - Itching Pregnancy - Pale Skin Rash - Widespread On Drugs Rash or Redness - Widespread Scabies Follow-up Call Sunburn Sweating