
Index by Topic Type

Adult Care Advice Topics | July 2023

Topic Count: 100

Bite or Sting

Animal Bite

Bee Sting

Insect Bite

Insect Repellents

Tick Bite

Disease or Condition

Athlete's Foot

Boil

Cold Sores (Fever Blisters)

Common Cold

COVID-19 Diagnosed or Suspected and Having Symptoms

COVID-19 Tested Positive and Not Having Symptoms

COVID-19 Vaccine Frequently Asked Questions

Diabetes - High Blood Sugar

Diabetes - Low Blood Sugar

Diabetes - Sick Day Rules

Earwax

Eye - Allergy

High Blood Pressure

Hives

Immunization Reactions

Influenza

Monkeypox Diagnosed or Suspected

Nasal Allergies (Hay Fever)

Poison Ivy - Oak - Sumac

Environmental Exposure

Tetanus Shots - When Are They Needed?

Exposure to Infection

COVID-19 Exposure

Influenza Exposure

Monkeypox Exposure

Injury

Ankle Injury

Back Injury

Burns - Thermal

Cuts and Lacerations

Eye Pain - Foreign Body Sensation

Finger Injury

Fingernail Injury

Foot Injury

Head Injury

Knee Injury

Puncture Wound

Shoulder Injury

Toe Injury

Toenail Injury

Over-The-Counter Medicine

Over-The-Counter Antihistamine Medicines

Over-The-Counter Cough Syrups With Dextromethorphan

Over-The-Counter Fever and Pain Medicines

Over-The-Counter Fever Medicines

Over-The-Counter Nasal Decongestant Medicines

Over-The-Counter Pain Medicines

Self-Care Instructions

Home Pulse Oximeter Use

Nasal Washes and Neti Pot Instructions

Symptom

Abdominal Pain - Female

Abdominal Pain - Male

Abdominal Pain - Upper	Neck Pain or Stiffness
Ankle Pain	Nosebleed
Anxiety and Panic Attack	Rash or Redness - Localized
Arm Pain	Rectal Bleeding
Back Pain	Shoulder Pain
Breathing Difficulty	Sinus Pain or Congestion
Chest Pain	Sore Throat
Constipation	Toothache
Cough	Urination Pain - Female
COVID-19 Vaccine Reactions	Urination Pain - Male
Depression	Vaginal Bleeding and Less Than 20 Weeks Pregnant
Diarrhea	Vaginal Discharge
Dizziness - Lightheadedness	Vomiting
Dizziness - Vertigo	Weakness (Generalized) and Fatigue
Ear Congestion	
Ear Pain During Air Travel	
Earache	
Eye - Discharge	
Eye - Red Without Pus	
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Flank Pain	
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Headache	
Heart Rate and Heartbeat Questions	
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Leg Swelling and Edema	
Lymph Nodes - Swollen	
Muscle Aches and Body Pain	
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